

# DISCOVERING YOUR PASSION FOR CHANGE

## RATIONALE

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This hour-long special session is for youth new to philanthropy! Learn how your passions can help change the world by using the great skills you already have! Philanthropy allows a person or organization to focus on one issue--or a list of finite issues--and really understand the ins and outs of solving that problem. It is a big responsibility to help make sure change happens and can be a lot of fun.

## LEARNING OBJECTIVES

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By the end of the session, participants will be able to:

- Discuss what need is and identify local and global needs
- Articulate what it means to be a philanthropist
- Explain personal giving preference in terms of the "4 T's" - time, talent, treasure, ties
- Collaborate to decide if an issue/cause/contribution is significant
- Share and discover best practices in order to make a significant impact
- Dialogue with peer philanthropists about passions and action steps for change

## SPEAKER PREPARATION

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- Prior to session start time, ensure there is space in the room large enough to create a circle for web activity (where the PowerPoint slides with the questions are still visible if possible).
- Speakers should also prepare for the short ice breaker (On the Line, Off the Line) for the start of the session.
- Speakers should draw a Venn Diagram of three circles on one page of the Post-It board, sample diagram below.

## MATERIALS

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1. Masking tape
2. PowerPoint
3. Index Cards (at least 2 per youth)
4. Sticky notes (3-5 per youth)
5. Pens (if not already given to youth)
6. 6 or 7 markers (colorful) for mailing label activity
7. 1-2 large spools of yarn (colorful!)
8. Post-it Note Board and Easel with Markers
9. **Copies of [Teen Philanthropy Cafe Readers - Path to Impact](#)**
10. Copies of the Question Web questions on half sheet (6-8)

## OUTLINE OF SESSION

Timing	Activity	Purpose	Slide #	Materials
11:45, 1 min	<b>Welcome!</b> <i>Keep session attendees up for a quick ice breaker</i>	Make sessions attendees feel warm and welcome to the room.	1	
11:46, 6 min	<b>Quick Activity: On the Line, Off the Line</b> <i>See directions below this outline for more information.</i>	This activity is an opportunity to get energy flowering and to start to learning interesting things about one another. It also prepares session goers to give feedback and be involved in the session.	2	PowerPoint
11:52, 2 min	<b>Introduction to session</b> <i>Go over agenda briefly and pass out 2 index cards to each person while doing speaker introductions. Ask each session-goer to give their name and organization.</i>  <i>Today, we will discuss our passions, begin learning about philanthropy and who philanthropists really are, what need is, as well as the 4 T's of philanthropy!</i>	To discuss at top of session learning expectations and allow sessions attendees to understand those expectations.	3, 4	Index cards
11:54, 3 min	<b>Explain Exercise 1 during Agenda</b> <b><u>Index Card 1, Exercise Step 1:</u></b> <i>write down 3 things you really enjoy doing</i> <b><u>Index Card 2, Exercise Step 1:</u></b> <i>write down 3 things that you are super protective of/things that make you mad and want to change.</i> <b><u>Index Cards, Step 2:</u></b> <i>Instruct everyone to put the cards in a safe place until needed later in the session.</i>	Index cards will be used later to help new philanthropists find personal passion-driven philanthropy and next steps.	5	Index cards
11:57, 4 min	<b>What is Philanthropy? Who are Philanthropists?</b> <b><u>How to Be A Philanthropist? (Educations Version)</u></b> ● <b><u><a href="https://www.youtube.com/watch?v=aC-9jwDQm7w">https://www.youtube.com/watch?v=aC-9jwDQm7w</a></u></b>	Consider starting the video while people are finishing up their index cards. The purpose of the video is to give a visually engaging introduction to the basics of philanthropy.	6,7	PowerPoint, video
12:01, 8 min	<b>Activity: Question Web (questions below)</b> - <i>Have participants stand in a circle as we explain the directions, and then facilitators join circle (not standing next to each other.)</i> - <i>Create a web as everyone answers a question on the PowerPoint slide, holds on to the string, and throws it to someone who hasn't spoken yet. Close activity once everyone is holding a piece of string.</i>	This activity is an opportunity to start a discussion on need and identifying ways to give help through philanthropy to the community and, ultimately, the world! Eventually this creates a web as well as learning some interesting things about each other!	8	String, PowerPoint
12:09, 1 min	<b>Web Debrief:</b> - <i>This is our web of philanthropy, and it has a lot of</i>	Debriefs are important because they not only signify a transition into the next activity, but they	9	

	<p><i>meanings.</i></p> <ul style="list-style-type: none"> <li>- <i>The web itself would not be the same if someone was missing, and it would be incomplete if we didn't all participate.</i></li> <li>- <i>It also represents our stories, and we are all now connected in a network for support, collaboration, and learning.</i></li> </ul> <p><i>Lastly, we can grow this network by continuing to talk to our peers about philanthropy, and how we can all have an impact. It just takes dialogue and sometimes asking tough questions so we can come up with smart solutions to challenging problems. No matter how smart or passionate we are, we could not have made this web alone.</i></p>	provide closure on the current activity to have session-goers feel a sense of awareness as to what was just taught and learned.		
12:10, 6 min	<p><b>Discussion: Defining need, taking action</b></p> <p><b>What is need?</b></p> <ul style="list-style-type: none"> <li>• <i>Show of hands, who has ever received help?</i></li> <li>• <i>Most people don't ask for help. You may have, however, received help you when needed help, so what is need? [Write down some responses.]</i></li> <li>• <i>Defining need: (Webster's Dictionary)</i>  <i>(1) a situation when someone or something must do or have something,</i>  <i>(2) something that a person must have: something that is need in order to live or succeed or be happy,</i>  <i>(3) a strong feeling that you must have or do something</i></li> </ul>	While many of us have said, "I need", we may perhaps not fully realize what that means. Even further, not everyone is vocal when it comes to asking for help when in need.	10, 11	
12:16, 5 min	<p><b>How do you find need around you? How have you taken action?</b></p> <p><i>Ask and invite to write down answer(s) on small Post-It Notes: <b>Think of a time someone was in need. What is one way you've helped a fellow classmate, a family member, or even someone you don't know?</b> (If you have a few, write them each on a separate Sticky Note!)</i></p>	This activity invites new philanthropists to think through what need means, its various definitions, and of a time when they acted philanthropically in the past, perhaps without even knowing!	12	Small Sticky Notes, Post-it Board
12:23, 7 min	<p><b>Explaining the Four T's of Philanthropy &amp; Video Debrief</b></p> <ul style="list-style-type: none"> <li>• <i>In the video James' Tree Campaign started with his <b>passion, time, and treasure</b>, then he used his <b>talent</b> as a teacher to recruit his students. Then his <b>ties</b> to his students and their parents grew the effort in the community.</i></li> </ul> <p><i>Speakers invite session-goers to place their "act of kindness" Sticky Note in its appropriate place on the Venn Diagram (sample</i></p>	<p>Not every philanthropist has heard philanthropy explained in "4 T Model", but it can be a great starting place in thinking through one's own philanthropy.</p> <p>Many young philanthropists will have written an act they've done to help someone in need that will categorize into time, talent, or treasure, as most may not realize that connecting people they know to one another for mutual benefit is philanthropic.</p>	13-15	Small Sticky Notes, Post-It Board (with Venn Diagram already prepared)

	<p><i>diagram at end of this document.) Invite them, one by one, to share what they wrote as they place them on the Board. Some new philanthropists maybe unsure and so can ask for group input on its place with time, talent, &amp; treasure.</i></p> <p><i>Speakers open up session to discussion: <b>Does someone want to share how they spend their time, money, and energy now? (in philanthropy or otherwise)</b></i></p>	<p>However, do discuss this aspect of philanthropy and an example of using one's ties to help another.</p>		
12:30, 7 min	<p><b>How can you be the best philanthropist possible?</b></p> <ul style="list-style-type: none"> <li>• <i>Looking at your index card from the start of the session, what causes spark your passion and curiosity most?</i></li> <li>• <i>How could you use one of the 4 T's to make a difference in one of those causes?</i></li> <li>• <i>What is one thing you've learned that you want others to know about philanthropy?</i></li> </ul>	<p>The purpose of this exercise is to tie-in their earlier index card full of things they are passionate about and want to change with their new knowledge of beginning philanthropy.</p>	16	Index cards (filled out at beginning of session)
12:37, 6 min	<p><b>Closing: Making an Impact Using Your Passion</b></p> <p><i>Impact is the noticeable change you make on an issue or problem. (Write on Post-It Board for reference.) Talk about some new personal definitions of philanthropy and impact. Discuss, hand out <a href="#">Cafe Readers</a>, work through "Double Mocha Frappe" Questions 1 &amp; 2. Ask for any questions/thoughts on the Cafe Readers.</i></p> <p><b>Next Steps:</b> <i>Work through defining your passions and your personal next steps for social impact. A great way to start would be to finish up those questions as they help philanthropists of all ages determine next steps!</i></p> <p><b>Debrief:</b> <i>Discussion on takeaways and if they have identified passions, and how they can put them into action in their philanthropy.</i></p>	<p>The Teen Philanthropy Café readers were developed by Exponent Philanthropy and Youth Philanthropy Connect to discuss and walk through big philanthropy ideas in a more digestible way for young adults. The purpose in using this particular reader (found at <a href="http://exponentphilanthropy.org/docs/default-source/tools-and-resources/teenphilanthropycafe-impactv2.pdf?sfvrsn=0">exponentphilanthropy.org/docs/default-source/tools-and-resources/teenphilanthropycafe-impactv2.pdf?sfvrsn=0</a>) is to begin walking new philanthropists through the steps to making a change in the world!</p>	17, 18	Cafe Readers, Post-It Board
12:43, 1 min	<p><b>Closing Statement:</b> Today, you learned a little more about philanthropy through defining need, taking action, and the 4 T's of Philanthropy. Most important, you identified your personal passions. The first step in making a difference is identifying your passions because they inspire us to make the biggest change. Now go out and make an incredible impact using your passions!</p>		19	

## ON THE LINE, OFF THE LINE

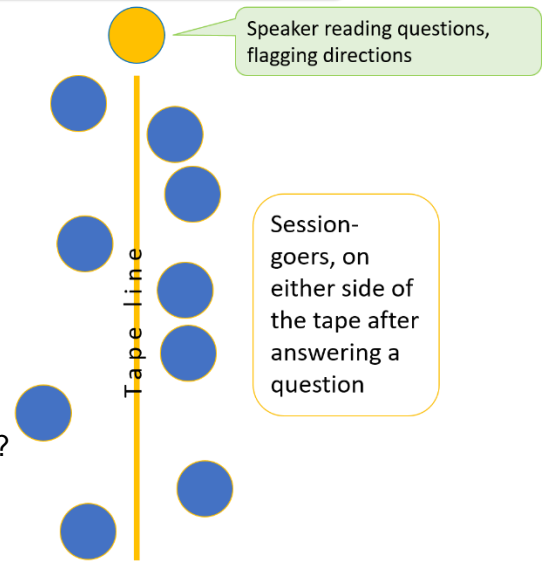
Purpose: This activity is an opportunity to start to learn interesting things about one another and to prepare to give feedback and be involved in the session.

Questions may range from silly trivia to more serious content, and on the way facilitators and session attendees alike will find out some interesting things about each other! Place a line of tape down the center of the room. Ask the group to stand on the tape line. When asked 'Would you rather?' they have to jump to the left or right as indicated by the leader. Ask one person from each side why they chose the way they did, then have the group return to the tape line for the next question. *Please add or delete questions as seen fit.*

### Screen with Questions

Would you rather...?

1. Live in a big city or small town?
2. Vacation at the beach or in the mountains?
3. Go to a sporting event or a movie?
4. Do math homework or read a book?
5. Cook dinner or bake dessert?
6. Bathe your pet or wash someone else's car?
7. Donate money or volunteer?
8. Advocate for a cause or host a fundraiser?
9. Clean your room or clean out your grandparent's garage?
10. Host a food drive or give blood?
11. Donate money to a homeless shelter or a scholarship fund?
12. Donate your hair or a big pile of your clothes?



Activity Debrief

- What was hard about choosing? What did you notice about how you felt about choosing as the activity progressed?
- Why do you think we are doing this activity? Learning about our instinctual interests/priorities, help us get in tune with our philanthropic passions.

## QUESTION WEB

Purpose: This activity is an opportunity to start a discussion on need and identifying ways to give help through philanthropy to the community and, ultimately, the world!

Ask the young people to stand in a circle. Holding the string they answer a question, then throw it to another member of the group and repeat. Eventually this creates a web as well as learning some interesting things about each other!

1. What is one issue in your school you could help solve?
2. What's one issue in the world that you care about?
3. What's one issue in the world you think you could help solve?
4. When is one time you saw an injustice?
5. How do you know when you're witnessing an unjust situation?
6. What is one act of kindness you've been a witness to?
7. What is one way you have received help from others?
8. What is one obstacle you've faced in helping someone?
9. What is one way you would encourage someone else to help others?
10. What is one cause or place you currently or would like to volunteer?

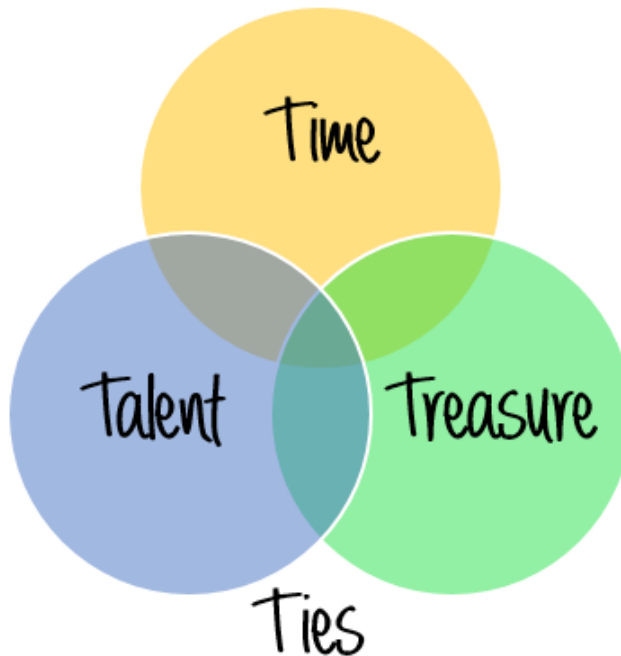
11. What is one issue in your community you think young people could help solve?
12. What is one way you can tell a family member or classmate in need of help?
13. What is one reason why you volunteer, donate, or otherwise help someone in need?

Sample Question Web: (picture courtesy of [inevergrewup.net/young-women-activity-ideas/](http://inevergrewup.net/young-women-activity-ideas/))



### VENN DIAGRAM

Purpose: This activity is an opportunity for session-goers to see their past acts of kindness categorized into more “philanthropic” terminology. After writing down a time they assisted a fellow classmate, a family member, or even someone they didn’t know personally, session-goers will decide if that act of kindness was a donation a time, talent, treasure, or a combination! Ties, usually an uncommon philanthropic act for beginners, could be listed below the Venn Diagram for those whose philanthropic acts are already going beyond “beginner!” A recommended Venn Diagram layout is below, which should be drawn on the Post-It Board prior to session start.



This lesson plan was developed by Brea Reimer-Baum, Team YPC, in 2017.

Learn more at [youthphilanthropyconnect.org](http://youthphilanthropyconnect.org).